

Club Philosophy 2023/24



- Every girl given the opportunity to play. (**Wildcat + SQUAD** Training/ **Festivals** or **Leagues** or **Tournaments**)
- Every Girl will get at least half a game in **Noncompetitive** football. Some girls will have **more** minutes than others.
- **Competitive Leagues/ Tournaments** minutes for each girl will be decided by coaches
- LCS will create player pathway or coaching pathway for every girl which attends
- LCS is inclusive to any girl who attends
- LCS sessions are **FUN, INCLUSIVE, SAFE** and a **POSITIVE ENVIRONMENT**

Playing Philosophy

- In Possession- Stay on the ball, Protect the ball and Love the ball
- Out of Possession- Hunt for the ball in packs and Intercept to Counter Attack
- Transition- Protect the goal or create an opportunity to score
- **3-3-3 (5v5 + 7v7)/ 6-6-6 (9v9 +11v11)**
- **3/6** seconds to win the ball back
- Maximum of **3/6** passes to be played to set up the attack
- **3/6** players to be in opposition half when attacking

